

# Beverages

## Hot & cold beverages

Coffee  
Decaffeinated coffee  
Espresso  
Macchiato  
Cappuccino  
Café Latte  
Iced Coffee  
Iced Coffee Latte  
Hot or cold chocolate  
Tea  
(English Breakfast, Earl Grey, Darjeeling, Green Sencha,  
Jasmine, Peppermint, Chamomile, Fresh Ginger & Lemongrass)  
Iced Tea

### Juices

Orange  
Pineapple  
Watermelon  
Papaya  
Apple  
Carrot

### Healthy

Antioxidant  
carrot, fresh yoghurt, honey, mint leaves, celery, ginger

### R&R

watermelon, mint leaves, honey

### Exotic Delight

fresh cucumber, celery, fresh apple

### Morning star

pear, coconut water, fresh lemon

### ABC

(Apple, Beetroot, Celery)

### Smoothies

Banana, Mango or mixed berries

## *Kitchen pantry*

### Cereals

Cornflakes, rice crispies, weet bix, choco pops  
Choice of regular, skimmed, soya milk, regular or low fat yoghurt

### Bircher Muesli

Grated apples, berries & honey

### Homemade Muesli

Choice of regular, skimmed, soya milk or Greek yoghurt with dried fruits

### Ginger & pineapple granola

Choice of regular, skimmed, soya milk or Greek yoghurt, apple, mint

### Chia peanut butter yoghurt

banana, blueberry, pumpkin seeds

### Yoghurt (Choice of plain, low fat, fruit)

### Cinnamon oatmeal

Banana. brown sugar

### Fresh tropical fruit platter

### Tropical fruit salad

### Smoothie bowl

Dragon fruits, berries, granola, banana

### Smoked salmon bagel

Cream cheese, red onion, dill & capers

### Cold cuts (ham, prosciutto, mortadella) 🐷

olives, cornichons

### Cheese platter (cheddar, goat, blue)

apple, figs jam, crackers

## *Asian Specialities*

### Nasi / Mie Goreng

Fried rice or fried egg noodles, crispy chicken leg, beef satay, fried egg, traditional condiments

### "Nasi Kuning" Traditional Balinese breakfast

Yellow rice, fried egg noodles, fried chicken leg, egg, shrimp & potato in chilli coconut sauce

### Bubur Ayam

Indonesian chicken porridge, boiled egg, scallion, emping crackers & traditional condiments

### Japanese breakfast

Grilled fish, Japanese omelette, seafood kakiage, "nasu no toriankake", Miso soup, steamed rice, Japanese pickles, fruits

### Dim Sum

Selection of steamed Dim Sum selection, chilli oil & sesame soy

## *Leaves*

Heirloom tomato, watermelon & feta cheese (VG, GF)  
extra virgin olive oil & balsamic reduction

### Green salad (VG, GF)

carrot, cucumber, sweet corn, onion, , light balsamic vinaigrette

## Hot kitchen

### Eggs any style 🐷

Scrambled, fried, poached, boiled  
grilled tomato, mushrooms, potatoes, pork bacon, sausages (pork or chicken)

### Omelette 🐷

Choice of tomatoes, mushrooms, capsicum, chillies, onions, cheese, pork ham  
grilled tomato, mushrooms, potatoes, pork bacon, sausages (pork or chicken)

### Eggs Benedict 🐷

English muffin, pork ham, asparagus, Hollandaise sauce

## Healthy choice

### Poached Eggs

English muffin, smoked salmon, cherry tomatoes

### Smashed avocado & poached eggs

Toasted rye sourdough, grilled tomato

### Egg white frittata (GF)

Mushrooms, tomatoes, zucchini, herbs, arugula salad

### Egg white omelette

Capsicum, mushroom, chilli, spring onion, grilled tomato

### Tofu scrambled (VG)

Toasted sourdough, spinach & chives, grilled tomato

## Pastry

### Brown sugar & pecan French toast

Maple syrup, whipped cream

### Homemade pancakes

Choice of plain, banana or chocolate

Maple syrup, fruit compote

### Belgian waffles

Apricot butter, wild berry sauce, whipped cream